



Safety Simplified.

Created by NEBOSH

Embark on this journey with us

What's covered?

1. Making the case for health and safety

- Responsibilities for employers and workers
- Moral and legal reasons and benefits
- Policies, objectives and resources
- Checking and monitoring

2. Stopping incidents and ill-health before they happen

- Risk assessments
- What 'hazard', 'risk' and 'risk assessment' really mean
- Why we do risk assessment
- How you do risk assessment (five steps to risk assessment)

3. Stopping incidents from repeating themselves

A simple four-step approach to investigations:

- Gather information
- Analyse information
- Identify risk control measures
- Develop action plan and implement it

4. Dealing with common workplace hazards

- General workplace issues, violence/aggression, substance abuse, stress, noise/vibration
- Hazardous chemicals/substances
- Laptops/computers and manual handling
- Electricity
- Work equipment and work at height
- Workplace transport

5. Keeping an eye on how things are going

- Ignoring the trivial and focusing on the important
- Inspecting the workplace
- Auditing – what, why and how
- Learning from good and bad practice