NEBOSH (The National Examination Board in Occupational Safety and Health) was formed in 1979 as an independent examining board and awarding body with charitable status. We offer a comprehensive range of globally-recognised, vocationally-related qualifications designed to meet the health, safety, environmental and risk management needs of all places of work in both the private and public sectors.

Courses leading to NEBOSH qualifications attract around 50,000 learners annually and are offered by over 600 Learning Partners, with examinations taken in over 120 countries around the world. Our qualifications are recognised by the relevant professional membership bodies including the Institution of Occupational Safety and Health (IOSH) and the International Institute of Risk and Safety Management (IIRSM).

NEBOSH is an awarding body that applies best practice setting, assessment and marking and applies to Scottish Qualifications Authority (SQA) Accreditation regulatory requirements.

This report provides guidance for learners and Learning Partners for use in preparation for future examinations. It is intended to be constructive and informative and to promote better understanding of the syllabus content and the application of assessment criteria.

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Many learners are well prepared for this unit assessment and provide comprehensive and relevant answers in response to the demands of the question paper. This includes the ability to demonstrate understanding of knowledge by applying it to workplace situations.

There are other learners, however, who appear to be unprepared for the unit assessment and who show both a lack of knowledge of the syllabus content and a lack of understanding of how key concepts should be applied to workplace situations.

This report has been prepared to provide feedback on the standard date FC1 examination sat in March 2019.

Feedback is presented in these key areas: responses to questions, examination technique and command words and is designed to assist learners and Learning Partners prepare for future assessments in this unit.

Learners and Learning Partners will also benefit from use of the ‘Guide to the NEBOSH National Certificate in Fire Safety and Risk Management’ which is available via the NEBOSH website. In particular, the guide sets out in detail the syllabus content for FC1 and tutor reference documents for each Element.

Additional guidance on command words is provided in ‘Guidance on command words used in learning outcomes and question papers’ which is also available via the NEBOSH website.
Question 1  

(a) Outline how suitable wall lining materials could help minimise the risk from fire.  

(b) Identify types of wall lining material that could be used on a means of escape.  

(c) Outline how compartmentation in a building may be compromised.  

(d) Describe how a fire may spread to a neighbouring building.  

(e) Outline means of preventing a fire spreading to a neighbouring building.  

This question assessed learners’ knowledge and understanding of learning outcomes 4.1: Outline the means of fire protection and prevention of fire and smoke spread within buildings in relation to building construction and design; and 2.4: Describe the principles of fire growth and fire spread.  

Many learners had difficulty answering part (a) by outlining issues relating to fire spread in more general terms, rather than specifically outlining how wall lining materials can affect risk from fire such as by choosing materials that limit rate of surface spread of flame and rate of heat production. Part (b) was well answered with most learners identifying at least three relevant lining materials. There was a mixed response to part (c) with many learners stating wedging fire doors open but giving a limited range of other ways that compartmentation can be comprised.  

Parts (d) and (e) seemed to be challenging for many learners. Many answers addressed fire spread within a building, rather than a situation where fire may spread from one building to a neighbouring one. It is important that learners read and re-read questions carefully in order to reduce the chance of misinterpreting a question.  

Question 2  

Outline criteria that an enforcement officer would use when determining whether a fire risk assessment is ‘suitable and sufficient’.  

This question assessed learners’ knowledge and understanding of learning outcome 6.1: Explain the aims and objectives of fire safety risk assessments.  

There was a mixed response to this question. Many learners gave a good range of criteria that can determine if a fire risk assessment is suitable and sufficient, such as one that identifies all significant hazards and evaluates the risks from those hazards, and such answers generally gained well over half marks.  

However, there was a significant number of learners who seemed to misinterpret the question and gave an outline of a range of practical control measures that can be used to reduce fire risk. This was not asked for in this question and consequently few marks could be awarded.
**Question 3** Outline the content of a fire training course for fire marshals in an organisation.

This question assessed learners’ knowledge and understanding of learning outcome 5.4: Outline appropriate training requirements.

Many learners seemed to have difficulty with this question with the majority achieving fewer than half marks. Many responses gave a limited range of elements that would be included in a training session for fire marshals, such as describing the fire marshal’s role, the areas of a building allocated to each marshal and describing duties carried out by fire marshals in an emergency such as ushering people out of a building, carrying out a roll call, etc.

**Question 4** Give the meaning of the following terms:

(a) flashpoint;  
(b) auto-ignition temperature;  
(c) upper flammable limit (UFL);  
(d) lower flammable limit (LFL).

This question assessed learners’ knowledge and understanding of learning outcome 2.2: Explain the principles and conditions for the ignition of solids, liquids and gases.

Responses to this question were limited with the majority being awarded fewer than half marks. While there were some good answers to parts (a) and (b), parts (c) and (d) in particular seemed challenging to many learners with most referring incorrectly to flammable limits relating to maximum and minimum temperatures to support combustion, rather than concentration levels of flammable substances in air.

It is important for learners to have a good knowledge of such technical terms and are advised to liaise with their Learning Partner during their studies to seek clarification of such terms if they are unsure of them.

**Question 5** Identify sources of information that could be referenced when carrying out a fire risk assessment in a workplace.

This question assessed learners’ knowledge and understanding of learning outcome 6.2: Outline the principles and practice of fire safety risk assessments including principles of prevention (measures to remove and reduce risk).

This question was answered well by the majority of learners, with many being awarded full marks. A good range of relevant sources of information were identified such as legislation, approved codes of practice and findings of previous fire risk assessments and inspections.
**Question 6**

(a) For **BOTH** an alterations notice and a prohibition notice, **outline**:

(i) the circumstances in which an enforcement officer may serve the notice;  
(ii) the types of action that the notice may require of the recipients;  
(iii) the effect on the notice of lodging an appeal against it.  

(b) **Outline** the possible penalties for failure to comply with any enforcement notice issued under the Regulatory Reform (Fire Safety) Order 2005  
**OR** the Fire (Scotland) Act 2005  
**OR** the Fire and Rescue Services (Northern Ireland) Order 2006.

This question assessed learners’ knowledge and understanding of learning outcome 1.3: Describe the roles and powers of enforcement agencies and other external agencies in relation to fire safety.

Many learners seemed to find this question challenging. In particular the majority of learners’ answers about alterations notices were incorrect, relating instead to circumstances in which an improvement notice issued under the Health and Safety at Work etc Act 1974 could be served and the types of action such a notice could impose.

It is important for learners to fully understand such specific legal terms as defined in fire safety legislation and to read and re-read questions carefully in the examination to reduce the chances of misinterpreting the question.

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**Question 7**

**Outline** reasons why temporary electrical installations used on construction sites may increase the risk of fire.  

This question assessed learners’ knowledge and understanding of learning outcome 3.1: Explain the causes of fires and explosions in typical work activities.

Answers to this question were limited in the majority of cases and fewer than half marks were achieved by most learners. There were many answers that gave a range of ignition sources that may be found on construction sites that did not relate to temporary electrical installations. Where relevant issues such as overloading electrical sockets and use of damaged electrical cables were given, many learners did not go on to outline reasons why such issues may increase the risk of fire.

Learners are reminded to note the command word used in a question so that they can write answers in suitable detail to be awarded marks. In this question giving a list of possible ignition sources, even if relevant, will not gain high marks if the reasons why they may increase the risk of fire are not outlined.
Question 8  Explain how the following can provide a safe means of escape from a building:

(a) alternative escape routes; (2)
(b) escape distances; (2)
(c) number and size of escape routes. (4)

This question assessed learners’ knowledge and understanding of learning outcome 4.2: Explain the requirements of a means of escape.

Many learners seemed to find this question challenging. While many answers gave a brief definition of what each term in parts (a), (b) and (c) means, there were few learners who gave sufficiently detailed answers to explain how each can help provide a safe means of escape. For example in part (c) giving information to explain that escape routes should be sufficiently wide to give sufficient capacity for the number of people likely to be present in the building would be needed. Stating that escape routes must have a minimum width with no further detail would not be awarded high marks.

When studying the course, learners are advised to take note of the learning outcome given in the syllabus as this gives an indication of the level of depth of knowledge needed for the topic covered by that outcome.

Question 9  Outline what should be considered when developing an evacuation procedure for a shared-occupancy office building. (8)

This question assessed learners’ knowledge and understanding of learning outcome 5.2: Describe the development and maintenance of a fire evacuation procedure.

Most learners answered this question well, being awarded more than half marks. A good range of relevant factors such as training of employees, means of contacting emergency services and considering suitable means of accounting for personnel during an evacuation were outlined. In some cases learners seemed to misinterpret the question, giving detail of irrelevant issues such as maintenance of fire-fighting equipment.

Question 10  (a) Outline measures that can be taken to help reduce the risk of fire from electrical equipment. (6)
(b) Identify suitable extinguishing agents that should be used on fires involving electricity. (2)

This question assessed learners’ knowledge and understanding of learning outcomes 3.2: Outline appropriate control measures to minimise fire and explosion risks; and 4.4: Outline the selection procedures for basic fire extinguishing methods for both life risk and process risk.

Most learners gave good answers to this question. Most answers to part (a) outlined suitable measures such as maintaining electrical equipment and pre-use inspection to spot faults. In part (b) nearly all learners identified two suitable extinguishing agents that can be used on electrical fires.
Question 11 Outline reasons for investigating a major fire that has occurred in a workplace.

This question assessed learners’ knowledge and understanding of learning outcome 1.6: Explain the purpose of, and the procedures for, investigating fires in the workplace.

The majority of answers were awarded high marks for this question. Most learners outlined a good range of reasons for investigating fires such as to determine the causes, developing control measures to prevent reoccurrence and establish if any legal requirements had been breached. Points made were also given in suitable depth for an ‘outline’ question.
Examination technique

The following issues are consistently identified as the main areas in need of improvement for learners taking Certificate level qualifications:

Learners misread/misinterpreted the question

Learners misreading or misinterpreting the question is by far the most common cause of learners not gaining the maximum marks available.

NEBOSH questions are systematically and carefully prepared and are subject to a number of checks and balances prior to being authorised for use in question papers. These checks include ensuring that questions set for the Certificate level qualifications relate directly to the learning outcomes contained within the associated syllabus guides. The learning outcomes require learners to be sufficiently prepared to provide the relevant depth of answer across a broad range of subject areas. For example, a learner could be asked about the causes of stress, or could be asked about the effects of stress. A question could require a response relating to the principles of fire initiation, or a question could require a response relating to the spread of fire. Therefore, a learner should focus not only on the general topic area (e.g., stress, fire) but also the specific aspect of that subject to which the question relates.

Learners must also pay attention to the command word. For example, a question could ask learners to ‘identify the hazards associated with demolition work’, or a question from the same element could ask learners to ‘outline the control measures required during demolition work’. Learners appear to focus solely on the object of the question (demolition) and do not pay sufficient attention to the subject (hazards or control measures in the examples given) or the command word (‘identify’ or ‘outline’ in the examples given). There is often some confusion between hazard and risk. If a question requires an outline of hazards for a given situation, learners must be careful not to provide risks, or even in some circumstances precautions, as they will not be able to attract marks.

Examiners suggest that while many learners do begin their answer satisfactorily and perhaps gain one or two marks, they then lose sight of the question and include irrelevant information. Although further points included in an answer can relate to the general subject area, these points are not focused on the specific learning outcome and marks cannot be awarded. However, some learners appear to misread or misinterpret several questions. This situation is more likely due to learners preparing for the examination with a number of memorised answers obtained through rote-learning, that again can provide answers that are loosely associated with the subject matter but do not provide answers specific to the question. Such an approach is clearly evident to an Examiner and demonstrates little understanding of the subject matter and marks are not awarded.

Learners are advised to allow sufficient time to read and re-read the question in order to determine the key requirements prior to committing their answer to paper. Preparing a time plan before the examination will indicate how many minutes are available for each question and then part of this time allocation can be given to reading the question. Underlining or highlighting key words can assist in keeping focused on the salient points and simple mind maps or answer plans can also be useful. Maps and plans should be kept simple so as not to use up too much examination time.

Learners did not respond effectively to the command word

A key indicator a question will be the command word, which is always given in **bold** typeface. The command word will indicate the depth of answer that is expected by the learner and relates to the amount of detail that should be included in each point of the answer.

The learning outcomes in each element of all syllabus guides include the relevant command word that dictates the level of detail that should be covered in a course of study and the depth of answer that a learner would be expected to provide in an answer to an examination question.

Examiners report that learners continue to incorrectly observe the command words and therefore compromise their ability to gain the marks available. The majority of cases where command words are not observed relate to insufficient detail being given by a learner in their examination answer. A significant number of learners, irrespective of the command word given in the question, provide all answers in the form of a brief list of one or two words. This would normally not be sufficient to gain marks where the command word given was ‘outline’, ‘explain’ or ‘describe’, all of which require answers of more than one or two words.
Some learners do provide too much information, which would not be required where a command word limits the expected answer to ‘give’ or ‘identify’. Learners would not be penalised for providing excessive detail but this would not be an efficient use of the time allocated.

Learning Partners should ensure that learning materials complement the command words in the syllabus guide and the NEBOSH guidance on command words and that sufficient time is given to advising learners on suitable examination technique during a course of study.

**Learners unnecessarily wrote the question down**

Developing a time plan is a key element in preparing for an examination. Advice included on Certificate question papers suggests that 30 minutes should be allocated for the answer to the long 20-mark question, and 90 minutes should be allocated to the answers for the remaining ten, 8-mark short questions. Therefore there are around 9 minutes available to answer an 8-mark question. This time will be required for reading the question properly at least twice, developing an answer plan, and then committing the answer to paper while regularly referring back to the question in order to maintain focus. Therefore any inefficient use of this time should be avoided.

The efficient use of this time is essential in order to ensure that all questions can be answered within the 2 hours available. Many learners feel it necessary to write out the question, in full, prior to providing their answer and although this practice will not lose marks it will lose valuable time. A significant number of learners do not answer all of the questions in the time permitted and do not complete the question paper, some of whom obviously run out of time.

**Learners provided rote-learned responses that did not fit the question**

It is clear that there are a significant number of learners who seem to recite answers in the examination that have been rote-learned in advance and do not answer the question.

While knowledge of material forms a part of the study for a Certificate-level qualification, a key aspect being assessed is a learner’s **understanding** of the subject and reciting a pre-prepared and memorised answer will not show a learner’s understanding. In fact, if a learner gives a memorised answer to a question that may look similar, but actually is asking for a different aspect of a topic in the syllabus, it shows a lack of understanding of the subject and will inevitably result in low marks being awarded for that answer.

**Learners repeated the same points but in different ways / Learners provided the same answer to different questions**

There are instances where learners repeat very similar points in their answers, sometimes a number of times. This is easily done in the stressful environment of the examination. However, once a point has been successfully made and a mark awarded for it, that mark cannot be awarded again for similar points made later in the answer.

Learners are advised to practise examination technique in their preparations to avoid this kind of pitfall. Writing an answer plan where points can be ticked off when made, or structuring an answer so that each point made is clearly shown, for example by underlining key points, can be of great use. This technique aids learners and makes it much clearer in the stress of the examination for learners to see which points have been made and reduce the chances of the same point being made several times.

**Learners did not answer all of the questions**

It has been noted that a number of learners do not attempt all of the questions and of course where a learner does not provide an answer to a question, no marks can be awarded. This seriously affects the potential marks available and the possibility of achieving a pass. Learning Partners must emphasise the importance of attempting all questions in order to maximise the opportunity to attract marks.

There can be several reasons for this issue: running out of the allocated time for the examination, not knowing the answer to the question, or forgetting to answer a question.
Questions can be answered in any order and answers can be written in any order in the answer book provided. Learners are advised to clearly keep track of questions they have attempted, such as marking them on the question paper that would minimise the risk of inadvertently missing a question to answer.

If the subject of the question is unfamiliar or the answer is not known, then it will be challenging to provide an answer. This can result from rote-learning and preparing for an examination with a number of memorised answers, or simply not being adequately prepared for the examination across the breadth of the syllabus. There is always the risk of a learner ‘going blank’ in an examination situation, in which case learners should be prepared with some techniques to help. Rather than trying to remember what was taught or what has been read, ask yourself ‘what would I do, in this situation?’ Reference to personal application or experience is sometimes enough to stimulate an answer that otherwise may have been missed. Alternatively, learners can go back to first principles and break a question down into elements such as ‘people’, ‘equipment’, ‘materials’ and the ‘working environment’. Approaching a question in small sections can minimise the risk of being overwhelmed by it as a whole.

Running out of time can be avoided by having an examination time plan and working to it. The question paper advises that you should spend 30 minutes on the long answer (question 1) and 90 minutes on the remaining ten short answer questions. This will provide around 9 minutes per short answer, follow the clock and when the time per question has expired, move on. Answering a question partly is better than not answering at all.

Learners did not allocate enough time to the question / Time management

In a number of cases question 1 is left until last or later in the question paper and does not appear to be answered completely. Other learners appear to rush the last one or two questions by providing very brief or bullet point answers, even when these questions require an outline. This indicates a lack of time management. It is advised that Learning Partners and learners spend time developing the skill of writing answers to questions bearing in mind the number of marks and time available. A 20-mark question requires significantly more detail than an 8-mark question.

Learners might benefit from writing abbreviations to save time and to recognise that there is no need to write out the question at the beginning of their answer. Standard abbreviations such as HSE, RIDDOR, COSHH, PPE and DSE are acceptable.

Learners’ handwriting was illegible

Sometimes Examiners have difficulty in reading the handwriting of some learners. Although allowances are made for learners under the pressure of an examination, Learning Partners must remind learners that their writing needs to be legible or valuable marks may not be picked up during marking.

There is a minimum literacy requirement for learners on NEBOSH qualifications. As stated in the syllabus guides the standard of English required by learners studying for Certificate level must be such that they can both understand and articulate the concepts contained in the syllabus.

NEBOSH recommends to accredited Learning Partners that learners taking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System score of 6.0 or higher in IELTS tests in order to be accepted onto a Certificate level programme.

For further information please see the latest version of the IELTS Handbook or consult the IELTS website: https://www.ielts.org/about-the-test/test-format

Learners wishing to assess their own language expertise may consult the IELTS website for information on taking the test: https://www.ielts.org

Learning Partners are reminded that they must ensure that these standards are satisfied or additional tuition provided to ensure accessible and inclusive lifelong learning.
Command words

Please note that the examples used here are for the purpose of explanation only.

Outline

The command word 'outline' is by far the most challenging for learners. Referring to the NEBOSH guidance on command words available on the NEBOSH website, 'outline' means "To indicate the principal features or different parts of".

Many learners do not give sufficient detail in order to warrant an 'outline' answer. The NEBOSH guidance on command word states that "an exhaustive description is not required. What is sought is a brief summary of the major aspects of whatever is stated in the question".

If the use of the command word in everyday language or conversation is considered it may help the learner understand what is required. If asked to 'outline' the risks to an operator when manually closing a valve an answer such as 'cuts, bruises, burns and strains' would be insufficient as this represents a listed answer. However, 'cuts from contact with sharp edges of the hand wheel, bruises from impact with adjacent plant items, burns from contact with adjacent uninsulated pipe work and strains from using excessive force' would be sufficient.

Explain

The command word 'explain' requires the learner to provide an understanding of the subject of the question and will usually be used in conjunction with 'why' or 'how'. Such as 'explain how an interlocked guard operates' or 'explain why a forklift truck may overturn'.

Some learners approach an 'explain' question the same as an 'outline' and provide a number of individual points rather than providing an explanation as to how something operates or why something occurs. While some learners do answer such questions sufficiently and satisfactorily, other learners have difficulty in explaining in a logical sequence and many repeat the same point.

Identify

'Identify' questions require the name or title of an item, such as, 'identify the effects of electricity on the human body', or 'identify the features of a vehicle route'. In most cases one or two words will be sufficient and further detail will not be required to gain the marks.

For example, if asked to 'identify types of equipment found in an office' appropriate answers could be personal computer, printer, telephone, photocopier, etc. There would be no need to embellish those points with a description of the equipment or its function.

However, in contrast to 'outline' answers being too brief, many learners feel obliged to expand 'identify' answers into too much detail, with the possible perception that more words equals more marks. This is not the case and Learning Partners should use the NEBOSH guidance on command words within their examination preparation sessions in order to prepare learners for the command words that may arise.

Describe

The command word 'describe' clearly requires a description of something. The NEBOSH guidance on command words says that 'describe' requires a detailed written account of the distinctive features of a topic such that another person would be able to visualise what was being described.

If asked to describe the clock in the examination room, a person would have little difficulty in doing so and would most probably refer to its shape, its size, the colour of the clock and the style of numerals. Answers to such a question would almost certainly not result in general unconnected information about clocks, the history of clocks, or an explanation of why the clock is present in the room. Learners should consider the general use of the command word when providing examination answers.
Give

‘Give’ questions require a statement that is relevant to the subject asked for in the question but additional explanation is not required. Often, ‘give’ questions ask for the meaning of a particular term. While detailed explanation of the application of the term would not be required, a correct knowledge of the term itself is needed in order for the Examiner to award marks.

For additional guidance, please see NEBOSH’s ‘Guidance on command words used in learning outcomes and question papers’ document, which is available on our website: https://www.nebosh.org.uk/i-am/a-learner/ - from this page the document can be found by clicking on the relevant Qualification link, then on the ‘Resources’ tab.