NEBOSH (The National Examination Board in Occupational Safety and Health) was formed in 1979 as an independent examining board and awarding body with charitable status. We offer a comprehensive range of globally-recognised, vocationally-related qualifications designed to meet the health, safety, environmental and risk management needs of all places of work in both the private and public sectors.

Courses leading to NEBOSH qualifications attract around 50,000 candidates annually and are offered by over 600 course providers, with examinations taken in over 120 countries around the world. Our qualifications are recognised by the relevant professional membership bodies including the Institution of Occupational Safety and Health (IOSH) and the International Institute of Risk and Safety Management (IIRSM).

NEBOSH is an awarding body that applies best practice setting, assessment and marking and applies to Scottish Qualifications Authority (SQA) Accreditation regulatory requirements.

This report provides guidance for candidates and course providers for use in preparation for future examinations. It is intended to be constructive and informative and to promote better understanding of the syllabus content and the application of assessment criteria.

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Many candidates are well prepared for this unit assessment and provide comprehensive and relevant answers in response to the demands of the question paper. This includes the ability to demonstrate understanding of knowledge by applying it to workplace situations.

There are other candidates, however, who appear to be unprepared for the unit assessment and who show both a lack of knowledge of the syllabus content and a lack of understanding of how key concepts should be applied to workplace situations.

This report has been prepared to provide feedback on the standard date IGC1 examination sat in March 2018.

Feedback is presented in these key areas: responses to questions, examination technique and command words and is designed to assist candidates and course providers prepare for future assessments in this unit.

Candidates and course providers will also benefit from use of the ‘Guide to the NEBOSH International General Certificate in Occupational Health and Safety’ which is available via the NEBOSH website. In particular, the guide sets out in detail the syllabus content for IGC1 and tutor reference documents for each Element.

Additional guidance on command words is provided in ‘Guidance on command words used in learning outcomes and question papers’ which is also available via the NEBOSH website.

Candidates and course providers should also make reference to the IGC1 ‘Example question paper and Examiners’ feedback on expected answers’ which provides example questions and details Examiners’ expectations and typical areas of underperformance.
Question 1

(a) **Identify** types of emergency in the workplace for which people may need to be evacuated. (4)

(b) **Outline** why it is important to have emergency procedures for the evacuation of people from the workplace. (4)

(c) **Outline** the possible content of a workplace emergency procedure. (12)

This question assessed candidates’ knowledge and understanding of learning outcome 3.10: Outline the need for emergency procedures and the arrangements for contacting emergency services.

Overall, performance on this question was not strong. It may be that some candidates did not read the question carefully and had not fully understood what was needed when they began writing their answers. Some candidates’ answers to part (b) would have been more appropriate as an answer to part (c).

Part (a) was well answered by most candidates who were able to identify several types of emergency, such as fire; some candidates gained all four marks available for this part of the question. However, some provided more detailed descriptions of types of emergencies than was necessary.

Part (b) was less well answered. The command word was ‘outline’ however some candidates did not provide enough detail in their answers, while others missed the requirement to outline why emergency procedures are needed; both limited the marks that could be awarded. Those candidates who did outline reasons, such as to help reduce the severity of an event affecting a workplace, gained marks.

Part (c) asked candidates to outline what may form the content of an emergency procedure. There were 12 marks available, which indicates the breadth of answer required to gain a good mark. Better answers referred to content such as arrangements to ensure that the premises are empty after evacuation.

Some candidates missed out on marks because they listed possible content without sufficient detail. Other candidates gave outlines for only two or three points, which could therefore only be awarded two or three marks.

Candidates offering very few points could be due to poor examination technique (not recognising the breadth of answer needed for 12 available marks), or it could be that candidates’ knowledge was limited in this topic area.

Question 2

**Outline** possible lessons that might be learnt following an accident investigation. (8)

This question assessed candidates’ knowledge and understanding of learning outcome 4.3: Describe the legal and organisational requirements for recording and reporting incidents; and 4.2: Explain the purpose of, and procedures for, investigating incidents (accidents, cases of work-related ill-health and other occurrences).
There were eight marks available for this question which indicates the breadth of the answer required. A number of candidates did not outline sufficient points to gain a good mark for this question. Marks were awarded for lessons learnt such as determining that risk controls were lacking or inadequate, or identifying non-compliance.

Some candidates did not answer the question and instead provided answers around how investigations are carried out, or what might be included in an accident investigation checklist. It is essential that candidates understand what a question requires. There are a number of possible questions on the topic of accident investigations, but marks can only be awarded for correct responses to the question set.

### Question 3

(a) Evaluating risk and adequacy of existing controls is part of a risk assessment.

Outline what could be considered when evaluating risk and adequacy of existing controls. (6)

(b) Outline why it is important to record significant findings from a risk assessment. (2)

This question assessed candidates’ knowledge and understanding of learning outcome 3.5: Explain the principles and practice of risk assessment.

This question was not well answered by many candidates. A lot of responses related to different aspects on the general topic of risk assessments instead of answering the question. Once again, it is important that candidates fully understand what a question is asking and respond to it directly.

Part (a) had marks available for considerations such as establishing risks as high, medium, or low.

Part (b) was generally better answered, with some candidates giving a reasonable breadth of valid reasons, such as that recording findings will provide evidence that a risk assessment has been done.

Both parts of this question require an outlined answer; some candidates missed out on marks because points given in their answers did not provide enough detail.

### Question 4

(a) Identify the three key sections of a health and safety policy. (3)

(b) Identify sources of information that could help an organisation prepare a health and safety policy. (5)

This question assessed candidates’ knowledge and understanding of learning outcome 2.3: Describe the key features and appropriate content of an effective health and safety policy; and 3.7: Identify the key sources of health and safety information.

This question was, on average, the most well answered on this paper, with many candidates correctly identifying all three key sections of a health and safety policy and gaining maximum marks for part (a).

Part (b) was also generally well answered. Appropriate sources of information, such as the International Labour Organisation (ILO) were identified by many candidates. However, some candidates provided points that were not precise enough to gain a mark, for example giving ‘experts’, as a source. Part (b) had five marks available and some candidates identified too few sources of information in their answer to gain all the marks available.
Question 5  Outline what an organisation should consider when managing the work of contractors. (8)

This question assessed candidates’ knowledge and understanding of learning outcome 3.1: Outline the health and safety roles and responsibilities of employers, directors, managers, supervisors, workers and other relevant parties.

Many candidates did not answer this question well. The question asks what should be considered ‘…when managing the work of contractors’, however many candidates gave incorrect answers that dealt with the selection of contractors. It may be that some candidates answered a question that they anticipated, rather than the question that was asked and so were awarded very few, if any, of the available marks.

Marks were available for considerations such as clear communication between the organisation and the contractor, as well as co-operation between them.

Some candidates provided an outline of only a few points, which limited the number of marks that could be awarded. This question was, on average, the question with the weakest performance for this cohort.

Question 6  (a) Outline economic reasons for promoting good standards of health and safety at work. (4)

(b) Other than economic reasons, outline barriers to achieving good standards of health and safety at work. (4)

This question assessed candidates’ knowledge and understanding of learning outcome 1.1: Outline the scope and nature of occupational health and safety: and 1.2 Explain the moral, social and economic reasons for maintaining and promoting good standards of health and safety in the workplace.

Part (a) was answered well by many candidates who outlined a number of economic reasons, such as that good standards can lead to reduced costs of accidents. Some candidates provided unnecessary detail of some points – detailing at length the differences between direct and indirect costs of accidents – which did not gain any additional marks.

Part (b) was answered well by candidates who could outline reasons such as conflicting and competing demands, which can be a barrier to good standards. However, some candidates appeared to miss that the question stated ‘Other than economic reasons’, and so gave economic barriers that were not awarded marks.

In both parts of the question there were candidates who were awarded limited marks because they did not follow the requirements of the command word and only listed points in their answer.

Question 7  (a) Give the meaning of the term ‘health and safety audit’. (2)

(b) Outline the preparations required before carrying out a health and safety audit. (6)

This question assessed candidates’ knowledge and understanding of learning outcome 5.1: Explain the purpose of, and procedures for, health and safety auditing.
Responses to this question were varied. While some candidates were able to answer both parts (a) and (b) well, there were others who did not appear to have knowledge and understanding of health and safety audits and therefore had difficulty with both parts of the question.

Better answers in part (a) stated that an audit is a systematic critical examination of a safety management system (SMS). For part (b) an outline of preparations, including assembling a competent audit team, were awarded marks.

As with other questions, some candidates provided responses that did not answer the question but instead covered how an audit might be carried out, or the possible benefits of having an audit carried out.

**Question 8**

(a) **Outline** the main features of a health and safety inspection of a workplace.  
(b) **Outline** what could be considered in order to determine the priority of improvement actions required following an inspection.

This question assessed candidates’ knowledge and understanding of learning outcome 4.1: Outline the principles, purpose and role of active and reactive monitoring.

Candidates’ performance varied on this question. Some candidates were unable to provide reasonable answers to either of the parts of the question and appeared to have little knowledge and understanding of health and safety inspections.

Part (a) had marks available for features such as that a health and safety inspection is a physical inspection of a workplace. Some candidates did not address the question and instead wrote about what an inspection might examine, or the possible content of an inspection checklist.

Part (b) offered marks for considerations such as the likelihood that injuries will occur. There were four marks available but many candidates were unable to outline sufficient valid points to gain many of these marks. Some candidates missed available marks because their answers did not focus on prioritising as asked.

**Question 9**

**Identify** types of health and safety information that might be displayed on a noticeboard in a workplace.

This question assessed candidates’ knowledge and understanding of learning outcome 3.4: Explain how health and safety behaviour at work can be improved.

Most candidates, through studying or through their experiences in the workplace, were able to identify some types of information that might be displayed on a noticeboard, such as the details of first-aid arrangements.

Limited breadth of answers was a common weakness in the responses to this question. There were eight marks available, which indicates that a number of types of information should be identified in a candidate’s answer. Where candidates identified only one or two types of information, they would miss most of the marks available.

Some candidates appeared to not read or fully understand the question and wrote about the strengths and weaknesses of noticeboards as a way to communicate with the workforce.
Question 10

An enforcement agency finds that an organisation’s health and safety standards are poor.

**Outline** actions that an enforcement agency may take. (8)

This question assessed candidates’ knowledge and understanding of learning outcome 1.3: Explain the role of national governments and international bodies in formulating a framework for the regulation of health and safety.

Most candidates successfully outlined potential actions such as prosecution, as well as fines or other financial penalties being imposed.

In general, candidates did not outline a sufficient breadth of possible actions to gain high marks for this question; this lack of breadth in answers has been a common issue in this sitting. This could be due to poor examination technique, i.e. candidates think of more to write but do not, due to lack of time, for example. It could also be the case that candidates only have enough knowledge of the question topic to provide one or two points in their answer.

Some candidates achieved limited marks for this question because they did not follow the requirements of the command word, and simply identified points rather than outlining their answer. A candidate who only gave the word ‘Fine’ would not have written enough to gain the mark for that point, for example.

Question 11

(a) **Outline** requirements for first-aid boxes in a workplace. (4)

(b) **Outline** why it is important that first-aiders receive *refresher* training. (4)

This question assessed candidates’ knowledge and understanding of learning outcome 3.11: Outline the requirements for, and effective provision of, first aid in the workplace.

Part (a) had marks available for requirements such as first aid boxes being located where likely to be needed. Most candidates were able to gain marks but few were able to provide a good answer to this part of the question. However, some candidates were able to gain all the marks available.

Some candidates did not answer the question asked and described the role of first-aiders or just listed the items that might be found in a first-aid box.

In their responses to part (b), some candidates did not address the word *refresher* in the question and gave answers about first-aid training that were too general to gain marks.

Refresher training is important so that first-aiders who have not needed to use their skills and may be out of practice can develop their skills and confidence. Many candidates were able to outline these reasons, with some able to outline sufficient reasons to gain most or all of the marks available for part (b).
Examination technique

The following issues are consistently identified as the main areas in need of improvement for candidates taking Certificate level qualifications:

Candidates misread/misinterpreted the question

Candidates misreading or misinterpreting the question is by far the most common cause of candidates not gaining the maximum marks available.

NEBOSH questions are systematically and carefully prepared and are subject to a number of checks and balances prior to being authorised for use in question papers. These checks include ensuring that questions set for the Certificate level qualifications relate directly to the learning outcomes contained within the associated syllabus guides. The learning outcomes require candidates to be sufficiently prepared to provide the relevant depth of answer across a broad range of subject areas. For example, a candidate could be asked about the causes of stress, or could be asked about the effects of stress. A question could require a response relating to the principles of fire initiation, or a question could require a response relating to the spread of fire. Therefore, a candidate should focus not only on the general topic area (e.g. stress, fire) but also the specific aspect of that subject to which the question relates.

Candidates must also pay attention to the command word. For example, a question could ask candidates to ‘identify the hazards associated with demolition work’, or a question from the same element could ask candidates to ‘outline the control measures required during demolition work’. Candidates appear to focus solely on the object of the question (demolition) and do not pay sufficient attention to the subject (hazards or control measures in the examples given) or the command word (‘identify’ or ‘outline’ in the examples given). There is often some confusion between hazard and risk. If a question requires an outline of hazards for a given situation, candidates must be careful not to provide risks, or even in some circumstances precautions, as they will not be able to attract marks.

Examiners suggest that while many candidates do begin their answer satisfactorily and perhaps gain one or two marks, they then lose sight of the question and include irrelevant information. Although further points included in an answer can relate to the general subject area, these points are not focused on the specific learning outcome and marks cannot be awarded. However, some candidates appear to misread or misinterpret several questions. This situation is more likely due to candidates preparing for the examination with a number of memorised answers obtained through rote-learning, that again can provide answers that are loosely associated with the subject matter but do not provide answers specific to the question. Such an approach is clearly evident to an Examiner and demonstrates little understanding of the subject matter and marks are not awarded.

Candidates are advised to allow sufficient time to read and re-read the question in order to determine the key requirements prior to committing their answer to paper. Preparing a time plan before the examination will indicate how many minutes are available for each question and then part of this time allocation can be given to reading the question. Underlining or highlighting key words can assist in keeping focused on the salient points and simple mind maps or answer plans can also be useful. Maps and plans should be kept simple so as not to use up too much examination time.

Candidates did not respond effectively to the command word

A key indicator a question will be the command word, which is always given in bold typeface. The command word will indicate the depth of answer that is expected by the candidate and relates to the amount of detail that should be included in each point of the answer.

The learning outcomes in each element of all syllabus guides include the relevant command word that dictates the level of detail that should be covered in a course of study and the depth of answer that a candidate would be expected to provide in an answer to an examination question.

Examiners report that candidates continue to incorrectly observe the command words and therefore compromise their ability to gain the marks available. The majority of cases where command words are not observed relate to insufficient detail being given by a candidate in their examination answer. A significant number of candidates, irrespective of the command word given in the question, provide all answers in the form of a brief list of one or two words. This would normally not be sufficient to gain marks where the command word given was ‘outline’, ‘explain’ or ‘describe’, all of which require answers of more than one or two words.
Some candidates do provide too much information, which would not be required where a command word limits the expected answer to ‘give’ or ‘identify’. Candidates would not be penalised for providing excessive detail but this would not be an efficient use of the time allocated.

Course providers should ensure that learning materials complement the command words in the syllabus guide and the NEBOSH guidance on command words and that sufficient time is given to advising candidates on suitable examination technique during a course of study.

**Candidates unnecessarily wrote the question down**

Developing a time plan is a key element in preparing for an examination. Advice included on Certificate question papers suggests that 30 minutes should be allocated for the answer to the long 20-mark question, and 90 minutes should be allocated to the answers for the remaining ten, 8-mark short questions. Therefore there are around 9 minutes available to answer an 8-mark question. This time will be required for reading the question properly at least twice, developing an answer plan, and then committing the answer to paper while regularly referring back to the question in order to maintain focus. Therefore any inefficient use of this time should be avoided.

The efficient use of this time is essential in order to ensure that all questions can be answered within the 2 hours available. Many candidates feel it necessary to write out the question, in full, prior to providing their answer and although this practice will not lose marks it will lose valuable time. A significant number of candidates do not answer all of the questions in the time permitted and do not complete the question paper, some of whom obviously run out of time.

**Candidates provided rote-learned responses that did not fit the question**

It is clear that there are a significant number of candidates who seem to recite answers in the examination that have been rote-learned in advance and do not answer the question.

While knowledge of material forms a part of the study for a Certificate-level qualification, a key aspect being assessed is a candidate’s **understanding** of the subject and reciting a pre-prepared and memorised answer will not show a candidate’s understanding. In fact, if a candidate gives a memorised answer to a question that may look similar, but actually is asking for a different aspect of a topic in the syllabus, it shows a lack of understanding of the subject and will inevitably result in low marks being awarded for that answer.

**Candidates repeated the same points but in different ways / Candidates provided the same answer to different questions**

There are instances where candidates repeat very similar points in their answers, sometimes a number of times. This is easily done in the stressful environment of the examination. However, once a point has been successfully made and a mark awarded for it, that mark cannot be awarded again for similar points made later in the answer.

Candidates are advised to practise examination technique in their preparations to avoid this kind of pitfall. Writing an answer plan where points can be ticked off when made, or structuring an answer so that each point made is clearly shown, for example by underlining key points, can be of great use. This technique aids candidates and makes it much clearer in the stress of the examination for candidates to see which points have been made and reduce the chances of the same point being made several times.

**Candidates did not answer all of the questions**

It has been noted that a number of candidates do not attempt all of the questions and of course where a candidate does not provide an answer to a question, no marks can be awarded. This seriously affects the potential marks available and the possibility of achieving a pass. Course providers must emphasise the importance of attempting all questions in order to maximise the opportunity to attract marks.

There can be several reasons for this issue: running out of the allocated time for the examination, not knowing the answer to the question, or forgetting to answer a question. Questions can be answered in any order and answers can be written in any order in the answer book provided. Candidates are advised to clearly keep track of questions they have attempted, such as
marking them on the question paper that would minimise the risk of inadvertently missing a question to answer.

If the subject of the question is unfamiliar or the answer is not known, then it will be challenging to provide an answer. This can result from rote-learning and preparing for an examination with a number of memorised answers, or simply not being adequately prepared for the examination across the breadth of the syllabus. There is always the risk of a candidate ‘going blank’ in an examination situation, in which case candidates should be prepared with some techniques to help. Rather than trying to remember what was taught or what has been read, ask yourself ‘what would I do, in this situation?’.

Reference to personal application or experience is sometimes enough to stimulate an answer that otherwise may have been missed. Alternatively, candidates can go back to first principles and break a question down into elements such as ‘people’, ‘equipment’, ‘materials’ and the ‘working environment’. Approaching a question in small sections can minimise the risk of being overwhelmed by it as a whole.

Running out of time can be avoided by having an examination time plan and working to it. The question paper advises that you should spend 30 minutes on the long answer (question 1) and 90 minutes on the remaining ten short answer questions. This will provide around 9 minutes per short answer, follow the clock and when the time per question has expired, move on. Answering a question partly is better than not answering at all.

Candidates did not allocate enough time to the question / Time management

In a number of cases question 1 is left until last or later in the question paper and does not appear to be answered completely. Other candidates appear to rush the last one or two questions by providing very brief or bullet point answers, even when these questions require an outline. This indicates a lack of time management. It is advised that course providers and candidates spend time developing the skill of writing answers to questions bearing in mind the number of marks and time available. A 20-mark question requires significantly more detail than an 8-mark question.

Candidates might benefit from writing abbreviations to save time and to recognise that there is no need to write out the question at the beginning of their answer. Standard abbreviations such as HSE, RIDDOR, COSHH, PPE and DSE are acceptable.

Candidates’ handwriting was illegible

Sometimes Examiners have difficulty in reading the handwriting of some candidates. Although allowances are made for candidates under the pressure of an examination, course providers must remind candidates that their writing needs to be legible or valuable marks may not be picked up during marking.

There is a minimum literacy requirement for candidates on NEBOSH qualifications. As stated in the syllabus guides the standard of English required by candidates studying for Certificate level must be such that they can both understand and articulate the concepts contained in the syllabus.

NEBOSH recommends to accredited course providers that candidates taking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System score of 6.0 or higher in IELTS tests in order to be accepted onto a Certificate level programme.

For further information please see the latest version of the IELTS Handbook or consult the IELTS website: https://www.ielts.org/about-the-test/test-format

Candidates wishing to assess their own language expertise may consult the IELTS website for information on taking the test: https://www.ielts.org

Course providers are reminded that they must ensure that these standards are satisfied or additional tuition provided to ensure accessible and inclusive lifelong learning.
**Command words**

Please note that the examples used here are for the purpose of explanation only.

**Outline**

The command word ‘outline’ is by far the most challenging for candidates. Referring to the NEBOSH guidance on command words available on the NEBOSH website, ‘outline’ means “To indicate the principal features or different parts of”.

Many candidates do not give sufficient detail in order to warrant an ‘outline’ answer. The NEBOSH guidance on command word states that “an exhaustive description is not required. What is sought is a brief summary of the major aspects of whatever is stated in the question”.

If the use of the command word in everyday language or conversation is considered it may help the candidate understand what is required. If asked to ‘outline the risks to an operator when manually closing a valve’ an answer such as ‘cuts, bruises, burns and strains’ would be insufficient as this represents a listed answer. However, ‘cuts from contact with sharp edges of the hand wheel, bruises from impact with adjacent plant items, burns from contact with adjacent uninsulated pipe work and strains from using excessive force’ would be sufficient.

**Explain**

The command word ‘explain’ requires the candidate to provide an understanding of the subject of the question and will usually be used in conjunction with ‘why’ or ‘how’. Such as ‘explain how an interlocked guard operates’ or ‘explain why a forklift truck may overturn’.

Some candidates approach an ‘explain’ question the same as an ‘outline’ and provide a number of individual points rather than providing an explanation as to how something operates or why something occurs. While some candidates do answer such questions sufficiently and satisfactorily, other candidates have difficulty in explaining in a logical sequence and many repeat the same point.

**Identify**

‘Identify’ questions require the name or title of an item, such as, ‘identify the effects of electricity on the human body’, or ‘identify the features of a vehicle route’. In most cases one or two words will be sufficient and further detail will not be required to gain the marks.

For example, if asked to ‘identify types of equipment found in an office’ appropriate answers could be personal computer, printer, telephone, photocopier, etc. There would be no need to embellish those points with a description of the equipment or its function.

However, in contrast to ‘outline’ answers being too brief, many candidates feel obliged to expand ‘identify’ answers into too much detail, with the possible perception that more words equals more marks. This is not the case and course providers should use the NEBOSH guidance on command words within their examination preparation sessions in order to prepare candidates for the command words that may arise.

**Describe**

The command word ‘describe’ clearly requires a description of something. The NEBOSH guidance on command words says that ‘describe’ requires a detailed written account of the distinctive features of a topic such that another person would be able to visualise what was being described.

If asked to describe the clock in the examination room, a person would have little difficulty in doing so and would most probably refer to its shape, its size, the colour of the clock and the style of numerals. Answers to such a question would almost certainly not result in general unconnected information about clocks, the history of clocks, or an explanation of why the clock is present in the room. Candidates should consider the general use of the command word when providing examination answers.
Give

‘Give’ questions require a statement that is relevant to the subject asked for in the question but additional explanation is not required. Often, ‘give’ questions ask for the meaning of a particular term. While detailed explanation of the application of the term would not be required, a correct knowledge of the term itself is needed in order for the Examiner to award marks.

For additional guidance, please see NEBOSH’s ‘Guidance on command words used in learning outcomes and question papers’ document, which is available on our website: www.nebosh.org.uk/students/default.asp?cref=1345&ct=2.